



PLASTIC SURGERY NEWS

Newsletter of the Division of Plastic Surgery

ISSUE 3

JUNE 1, 2007

VOLUME 1



It's been an exciting couple of months since we last communicated. The pace has been frenetic but the results have been extremely positive. We've had quite a few individual achievements to share both on the professional and personal front. As a Division also, we have some good news. You'll obviously need to read further to find out!!

Plastic Surgery News is all about you. So if there's something that you'd like featured, drop us a line at plastics.admin@utoronto.ca.

Enjoy the weather!!

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A round up of the activities within the Division (Read more)
- **Strategic Planning Day**
After the April 25 meeting, what plans are afoot? (Read more)
- **37th Annual Aesthetic Symposium & 7th Annual Breast Symposium**
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Productivity is up!! (Read more)
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*Please feel free to forward this newsletter to those who you think may be interested.
If you would like to be added to, or removed from this mailing list, please email plastics.admin@utoronto.ca*



Since the last issue of Plastic Surgery News on February 28th, the Division has been extremely busy!!

On March 29th and 30th, we had an excellent visiting professorship with Dr. John Persing from Yale University. John's visit was enlightening for the division's educators and teachers as we explored some of the challenges American plastic surgery training programs are facing. Overall, John left with a very positive and strong impression of our training program.

On April 17th, 2007 the Division was reviewed by the Royal College and received full accreditation. Congratulations to Ron Levine for a stellar review. Many thanks to Shibu Thomas for organizing and preparing all the necessary documentation and files for the review.

On April 25th, 2007, the Division had its first off site strategic planning session. There was strong faculty turnout and excellent discussion during the 5-hour session. Work is currently underway to summarize the discussions and prepare a draft strategic plan.

On May 3rd, 2007, the Division held its 7th Annual U of T Breast Symposium. The 37th edition of U of T Aesthetic Symposium followed on May 4 and 5th, 2007. Both of these events were extremely well-attended and successful.

Strategic Agenda

Over the past 9 months, efforts have focused on the above 6 strategic priorities until our Division could meet and plan for the future. As we prepare our strategic plan – the current strategic agenda will be replaced with a comprehensive plan for future growth and development. I wanted to summarize where we are at with a few of the ongoing priorities.

(1) Division Structure and Function

Sound financial management and planning are critical to this Division's long term success and future. An enormous amount of effort has gone into summarizing, analyzing and balancing our Division's finances. With the help of the Department and our past Chair Dr. Neligan, we have finally balanced the books!

(2) Recruitment and Retention

STRATEGIC AGENDA

- (1) improving the Division's structure and function
- (2) focusing on faculty recruitment and retention
- (3) managing our relationships
- (4) expanding our IT capabilities
- (5) exploring curriculum development
- (6) Division's strategic planning day

There are ongoing efforts to recruit surgeons to several teaching hospitals. Progress continues to be made at TGH and SHSC.

(3) Managing our Relationships

With the external review and planning session behind us, I hope to spend the next 3 months meeting individually with each faculty member in the Division. We currently have 37 faculty across 8 teaching hospitals. I hope to learn more about everyone's academic goals and aspirations, and the challenges they have working at this University.

(4) Expanding IT capabilities

Peter Bray and the Web Committee will be meeting soon to decide on a web management company. Peter hopes to have the first phase of www.uoftplasticsurgery.ca up and running for September 2007.

2007 Hoyle Campbell Visiting Professor

Dr. John Persing, Yale University
March 29 and 30, 2007

Once again, thanks to Joan Lipa, this year's visiting professorship with Dr.



John Persing from Yale University was a great success. Dr. Persing had a very busy itinerary starting on March 29. New to this year's visiting professor was a session at the Surgical Skills

Centre where Dr. Persing demonstrated his technique of blepharoplasty on a cadaver and his osteotomies for coronal synostosis on a skull model.

Dr. Persing also met with the Division's Curriculum Committee for discussions on the future directions of plastic surgery residency training. Rounds and the resident research presentations were held at the Arts and Letters Club this year. The resident research presentations were very well prepared and presented.

The Visiting Professor dinner on Friday March 30, was a great success with an impressive alumni turnout!

This year's recipients of the WK Lindsay Research Award went to **Dr. Jim Mahoney** and the Arnis Frieberg Teaching Award went to **Dr. Joan Lipa**.

The prize for best clinical paper went to **Dr. Doug McKay** and the prize for best basic science paper went to **Dr. Daniel**



Martin.

Many thanks to **Joan Lipa** for coordinating this, her final visiting professor event. A very special thanks to **Tina Beauchamp**, Dr. Lipa's clinical assistant, for her help in organizing the event. Thank you to **Dr. John Semple** for preparing and organizing the research presentations, judging and awards. Thank you also to **Dr. Chris Forrest** for playing a leading role in Journal Club and to **Dr. Ron Levine** for hosting the event.

This event has been supported by the Educational Foundation of the Canadian Society of Plastic Surgeons and by Mentor Corporation.

Royal College External Review

As you all probably know, our Residency Program has received full accreditation from the Royal College of Physicians and Surgeons of Canada. While we are still waiting on official confirmation of this from the Royal College, I think it is cause for celebration. Dr. Andre Lamothe, our Surveyor, was extremely impressed with the commitment of our faculty – both in terms of education and showing up in such numbers to meet him.

Dr. Lamothe made special mention of our concept for a plastic surgery portal/ website that would cater to faculty, residents, students, alumni and patients.

I take this opportunity to thank each and every member of our Division for making this a truly impressive showing.

As the academic year is coming to an end, I would also like to take this opportunity to thank the following:

Dr. Kyle Wanzel for coordinating the Seminar series

Dr. Mitch Brown for organizing the M&M Rounds

Dr. Melinda Musgrave for leading the Journal Club events

Dr. Craig Fielding for looking after the CanMEDS Roles lectures

Dr. Ronald Levine, Program Director

Strategic Planning Day - April 25, 2007



The Division held its first off site strategic planning session on Wednesday April 25, 2007. We had an excellent turnout of 27 faculty, and participation. During this planning session, the group focused on the impact

of vision and mission and the development of the Division values. Criteria for evaluating progress in achieving the Division's mission and values were identified. Through two break-out sessions, the group formulated long term Divisional goals and key priorities for plastic surgery.

Issues identified and discussed also included: AFP; how Plastic Surgery is perceived; and, quality of work life. Overall, we accomplished an enormous amount of work in 5 short hours. Together, we are establishing a common direction for the future of the Division.

Currently all information is being reviewed and synthesized by Susan Lenard. A summary of the session and draft strategic plan will be presented to the Pre-planning Committee for review and comment. The recommended Strategic Plan, including vision, mission, values, goals, priorities and evaluative measures will then be brought to the Assembly for discussion on June 18, 2007.

37th Annual Aesthetic Symposium

The 37th Annual University of Toronto Symposium on Aesthetic Plastic Surgery was held at Sutton Place Hotel on May 4-5, 2007. About 275 people attended the meeting.

Dr. Felmont Eaves III from Charlotte, North Carolina was the U of T Aesthetic Visiting Professor. Dr. Fritz Barton from Dallas, Texas, was the Dr. W.R.N. Lindsay Visiting Professor. Dr. Timothy Marten from San Francisco was the University of Toronto Visiting Professor.

There was a major emphasis on facial and breast surgery, and on surgery after massive weight loss. Safety issues were emphasized by Dr. Felmont Eaves III. Several local surgeons also presented talks. Dr. Frank Lista presented a paper on a new technique for Gynecomastia.

Next year's Symposium will be held on April 18-19, 2008 at the Sutton Place Hotel.

- Dr. Walter Peters

7th Annual Breast Symposium

The 7th Annual Toronto Breast Surgery Symposium was held on May 3, 2007 at The Sutton Place Hotel. Dr. Dennis Hurwitz was the Royal College of Physician and Surgeons of Canada lecturer and presented his exciting and innovative work on upper body contouring following massive weight loss surgery.

Dr. James Grotting from Alabama was the Michael Drever Annual Lecturer. Dr. Grotting spoke on his approach to autogenous reconstructive breast surgery, implant reconstruction and mastopexy / augmentation. We look forward to hosting the 8th Annual Symposium on April 17, 2008.

- Dr. Mitch Brown

Awards & Recognition

It's always nice to share good news. Here are some shining stars who were recognized recently.

Dr. Peter Neligan

Toronto General Hospital, UHN

Congratulations to Peter on his appointment as editor-in-chief of the Journal of Reconstructive Microsurgery'

Dr. Brent Graham

Hand Program, Toronto Western Hospital, UHN

Congratulations to Brent who has recently been appointed as Deputy Editor of Methodology and Biostatistics at the American edition of the Journal of Bone and Joint Surgery (JBJS). His responsibilities will include reviewing all articles that the JBJS publishes and advice on the methodologic aspects of these papers. Along with two other deputies, as many as 250-400 manuscripts will be reviewed each year.

Dr. Linda Dvali

Hand Program, Toronto Western Hospital, UHN

Congratulations to Linda who was this year's recipient of a Wightman-Berris Academy Individual Teaching Excellence Award. Dr. Dvali has had consistently high postgraduate and undergraduate Teaching Effectiveness Scores (TES). Well done Linda!!

Dr. Ronald Levine

St. Joseph's Health Centre

Congratulations to Ron who was awarded this year's D. R. Wilson Award for postgraduate education at Gallie Day. Dr. Levine has acted as the Program Director for the Division of Plastic Surgery for the past 12 years – a well deserved recognition. Congratulations Ron!!

Dr. Allan Eckhaus, Senior Resident, Division of Plastic Surgery

Congratulations to Allan who was awarded this year's D. R. Wilson Award for teaching excellence. Allan has consistently been cited as an excellent teacher by medical students during clerkships debriefings. Well done Allan!

Ross Tilley Burn Centre, Sunnybrook Health Sciences Centre

*39th Annual Meeting American Burn Association
March 20-23, 2007
San Diego, CA*

Congratulations to the entire RTBC team who presented 6 abstracts at the ABA meeting in San Diego this past March.

Congratulations to medical student Gautam Walia (supervisor: Rob Cartotto) who won the award for the best abstract presentation at the Canadian Special Interest Group of the American Burn Association for his presentation "High Frequency Oscillatory Ventilation (HFOV) for ARDS-related Oxygenation Failure in Adult Burn Patients."

Congratulations to medical student Kirstin Theman (supervisor: Joel Fish) for winning a \$1,000 USD scholarship from the

America Burn Association.

Dr. John Semple

Womens College Hospital

John was co-applicant for a grant received from the Canadian Breast Cancer Foundation (Ontario Chapter) for a study entitled: 'Investigation of lymph node transplantation as therapy for breast cancer related lymphedema.'

Dr. Howard Clarke, Hospital for Sick Children &

Dr. Joan Lipa, Toronto General Hospital, UHN

Congratulations to Howard and Joan who have been appointed as Members of the Royal College of Physicians and Surgeons of Canada Examination Board in Plastic Surgery. It is a 5-year term until 2011.

Dr. Dimitri Anastakis

Hand Program, Toronto Western Hospital, UHN

Congratulation to Dimitri for being voted a new member of the Sunderland Society. The Sunderland Society is dedicated to the advancement of peripheral nerve surgery.

Promotions

We'd also like to mention two of our faculty who were promoted:

Joan Lipa has been promoted to Associate Professor.

Laura Tate has been promoted to Assistant Professor.

Congratulations to you both.

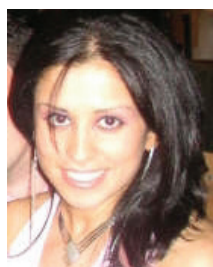
Annual BBQ - July 26, 2007

Eat meat and be merry!!! Vegetarians, there's sure to be treats for you too! This year's BBQ party is to be at Dr. Levine's residence (250 Warren Road). "Hopefully this time we'll see more people in bathing suits besides Dimitri and myself (a scary thought!!)," says Dr. Levine



Welcome

Congratulations are due to four new additions to the Division. Starting in July, as our new residents, will be Taiba Al-Rasheed, Richard Backstein, Siba Haykal and Ryan Neinstein. To give you a sneak peek, we'd asked them to introduce themselves (except Taiba, we haven't heard from her yet). Remember, you read this first on PSNews!!



I grew up in Ottawa Ontario where I attended a French high school. My undergraduate degree was in Biochemistry at the University of Ottawa which allowed me to do research in different fields such as cellular biology and neuroscience. I will be graduating in May 2007 from the University of Ottawa Faculty of medi-

cine. My interests include kickboxing, running and snowboarding as well as “organizing events”- my main project right now being the graduation ball. I am definitely excited and looking forward to starting my residency at the University of Toronto!!!!

Siba

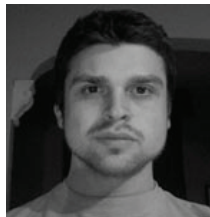


I attended the University of Western Ontario, where I received a Bachelor of Science with Distinction in 2003. I went on to medical school at UWO and will be graduating in May. Outside of medicine I enjoy playing rugby and I have recently taken up marathon running. I enjoy backpacking, having traveled throughout Europe, the Middle East, and Australia

with plans of going to South East Asia this summer before starting my residency. I am excited and proud to become a resident in the University of Toronto’s Division of Plastic Surgery.

Ryan

Born and raised in Toronto. Attended University of Western Ontario where I obtained my undergraduate degree in biology -attended University of Toronto Medical School -enjoy playing sports, reading history and I am excited to embark on a career in plastic surgery.



Richard

The storks have been visiting...

We have had a number of new arrivals over the past few months. Congratulations to these very proud parents on the safe arrivals of their beautiful babies and



thanks for the opportunity to share these glad tidings with us.

Our first birth announcement is for Cory and Tara Goldberg who welcomed Nika Sebastian into

their family on January 24, 2007, weighing 7 lbs, 7 ozs. - little brother for Kayvaun.

Congratulations also go out to Catherine Haywood and Martin Guibord. Nicolas Senastien was welcomed into their family on March 8, 2007 - a little brother for Maxine.



Congratulations as well to Leila Kasrai and David Fisher on the birth of their first baby. Yep, that’s little Keon Kasrai Fisher catching his forty winks!!!

Our final congratulations go to Tracey and Ravindra Lalla. Katherine Shivanya Lalla was welcomed into their family on 12 April 2007, weighing in at 7 lbs, 11 ozs. We’re working on getting pictures of her and the elated (and sleep-deprived) parents.

Alumni News

By Sandy Davies

Over the past few months, I have been working at compiling information on our Alumni from various sources. Our goal is to have a list that is comprised of Alumni dating back from the very first graduate of the University of Toronto, Plastic Surgery Program. During this process, I graciously ask for your patience. I do apologize, in advance, for any omissions or minor errors that may occur. I would also like to thank all those who have been very cooperative so far. Please feel free to contact me anytime and let me know if you have a change to your contact information that you would like me to make note of.

As part of my Alumni News column, I’d like to include special events that have occurred in our Alumni family such as birth announcements, retirement announcements, change of practice locations, etc. If you have some news you would like to share, please contact me at sandy.davies@sunnybrook.ca.

Much Love and Best Wishes to all the families on behalf of The Division of Plastic Surgery, University of Toronto. If you would like to send your congratulations and best wishes to the families, please feel free to e-mail me at sandy.davies@sunnybrook.ca and I would be happy to pass along the messages.

The content of this message does not represent the views or opinions of the University of Toronto.

If you have a news item for Plastic Surgery News, please forward it by e-mail to Shibu Thomas at plastics.admin@utoronto.ca.

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