



UNIVERSITY of TORONTO

PLASTIC SURGERY NEWS

Newsletter of the Division of Plastic Surgery

ISSUE 2

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VOLUME 2

OUR GOALS

Maintain and develop research, education and clinical excellence

Build through sound financial planning

Enhance stakeholder and public perception and awareness

In this issue:

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A quick update on the shared vision and future goals of our Division (Read more)
- Who's new. What's new.
Recruitments. Appointments, excitement!!! (Read more)
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Did you know?

Plastic Surgery News currently has a circulation list of well over 300 readers. These include, staff, faculty, residents, fellows, alumni and our other well-wishers.

Please feel free to forward this newsletter to those who you think may be interested.
If you would like to be added to, or removed from this mailing list, please e-mail

plastics.admin@utoronto.ca

VISION

International leader in plastic surgery research, education and clinical practice

MISSION

We prepare future plastic surgery leaders, contribute to our communities and improve the health of individuals and populations through the discovery, application and communication of knowledge.

VALUES

We value:

- Innovation;
- The drive to excel;
- Collaboration;
- Respect for the individuals who are our patients, colleagues, stakeholders; and,
- Honesty, openness, transparency.



Our Division continues to work together to further develop its shared vision for the future of plastic and reconstructive surgery at the University of Toronto. The Division identified three priorities for 2007/08-2010/11 including: (1) maintain

and develop research, education and clinical excellence, (2) build through sound financial management and planning and (3) enhance stakeholder and public perception and awareness. These priorities are interdependent and critical to our future success. I'd like to take a moment to summarize some of the advances made across the Division by various hospitals and faculty members.

(1) Maintain and develop research, education and clinical excellence

(a) Recruit and retain dedicated researchers, further develop divisional collaboration and depth of Divisional infrastructure to promote creativity and innovation, and facilitate grants, publications and invited lectures.

Recruitment and retention is a priority for the Division and for each of our teaching hospitals. Below are updates for each of the Chiefs of Plastic Surgery at teaching hospitals that are currently recruiting academic plastic surgeons – surgeons that are committed to enhancing our Division's commitment to research excellence.

Recruitment Efforts and Updates across the Division of Plastic Surgery

University Health Network

Dr. Stefan Hofer, Chief of Plastic Surgery

The Division of Plastic Surgery at the TGH and PMH sites is going through a transitional phase. From October 2007 Stefan Hofer, the new Division Head replacing Peter Neligan, joined Joan Lipa. The initial plan to search for two new recruits has been changed into a search for three new recruits due to the departure of Joan Lipa this April. We are currently interviewing and negotiating with several junior and senior candidates (Canadian and international). The establishment of the Belinda Stronach Chair in Breast Cancer Recon-

struction will greatly aid in the recruitment process. Hopefully, the first recruits will start at UHN this fall.

The TGH and PMH sites will continue to focus on Head & Neck, Breast and Sarcoma Reconstruction. In addition, an effort will be made to build collaboration with specialists interested in skin cancer in order to further develop our capacity in nasal and complex facial reconstruction. Furthermore, initial collaborative relationships have been made to bring validated outcomes research into the Head & Neck and Breast Reconstruction programs. Future basic research efforts will continue to focus on ischemia reperfusion damage prevention following microsurgical free flap reconstruction. New basic research plans will involve mucosa tissue engineering for Head & Neck reconstruction and fat tissue engineering for breast reconstruction.

The Division is currently at a crossroads, and with hard work and all the resources and new opportunities provided by the organization, the Division will continue to grow and develop as a major site for reconstructive microvascular surgery.

Stefan

Sunnybrook Health Sciences Centre

Dr. Paul Binhammer, Chief of Plastic Surgery

The Division of Plastic Surgery at Sunnybrook Health Sciences Centre is involved in significant initiatives towards recruitment. The Division is currently involved in recruiting a plastic surgeon with an interest in oncology and reconstructive microvascular surgery. The Division has a major interest in supporting the development of the Breast Health Centre scheduled to open in 2010 in the new M-wing expansion. In the long term, the plan is to recruit an additional person with an interest in oncology. The Ross Tilley Burn Centre is also about to begin a search for a new Director. Dr Joel Fish, the former director, has moved on to a new challenge as CMO of St. John's Rehabilitation Hospital. Dr Fish will be continuing to work at Sunnybrook in the Burn Unit. Sunnybrook is committed to hiring a fourth burn surgeon and we look forward to finding a capable person to join the team.

Paul

St. Joseph's Health Centre

Dr. Leila Kasrai, Chief of Plastic Surgery

The vision for St Joseph's Health Centre is to be

Canada's Best Community Teaching Hospital. My goal as the division head for plastic surgery is to ensure that we provide the best possible teaching environment for our residents and medical students. We will strive to be the first choice of residents for their community training. The breadth and scope of our cases, which includes breast reconstruction, hand surgery, pediatric surgery, cosmetic surgery and ear reconstruction should be a great attraction to our residents. For the 2008 academic year, we already have a long list of elective medical students from both national and international universities. Finally, I would like to take this opportunity to congratulate Dr. Ron Levine on his new appointment as the Department of Surgery's Director of Postgraduate Education. His dedication to teaching has been exemplary and I feel privileged to have him as a colleague at St Joseph's Health Centre.

Leila

(b) Maintain excellence in breadth of training

In February, the Residency Program Committee of the Division of Plastic Surgery completed the interview process for incoming trainees starting July 2008. We interviewed a short list of candidates that included 14 CARMS applicants (total of 45 applications) and 4 International Medical Graduate (IMG) applicants (total of 71 applications).



For the first time, we were awarded 4 CARMS positions. Starting in July, we will be training four new PGY1s from CaRMS, one new PGY1 IMG and one new PGY1 VISA trainee. This brings our total complement of first year residents to 6. Although this increase is exciting for the division, it will require a new vision and approach to training residents.

I believe that the future of plastic surgery training in Toronto will include the addition of new teaching hospitals and the opportunity for career directed elective time. We have recently incorporated the Toronto East General Hospital into our rotation schedule and other exciting possibilities are being discussed. The flexibility afforded by a greater number of trainees will allow us to be more creative in planning resident rotations. Hopefully a variety of streams of training can be developed that will allow us to achieve our educational objectives but at the same time recognize that not all trainees envision the

same type of clinical practice.

In January, I attended the Plastic Surgery Specialty Committee meeting at the Royal College in Ottawa. A number of items were discussed including a review of the spring exams, the Canadian In-Training practice exam and a discussion around core competencies and objectives for the core years of training. The program directors also committed to work together to organize the interview week for CaRMS across the country in a fashion that makes it manageable for new candidates to get to all the necessary programs.

I would like to remind everyone about several upcoming events including:

- The Toronto Breast Symposium, 17 April 2008
- The Toronto Aesthetic Symposium, 18 - 19 April, 2008
- The 2008 Hoyle Campbell Visiting Professor, 27 - 28 March 2008

And of course, please mark [Tuesday, September 16, 2008](#) in your calendars for the 9th annual University of Toronto Charity Golf Tournament.

Mitch

Dr. Hoyle Campbell

A brief biography

Dr Campbell was born in Toronto and graduated from the University of Toronto Medical School in 1936.



Dr Campbell served in the Royal Canadian Army Medical Corps while in the United Kingdom. He joined a group of other Canadian physicians and surgeons at the military hospital in Basingstoke, where they treated the majority of the most serious Canadian Army plastic surgery cases

After the war, Dr Campbell returned to Canada and began a practice at the Toronto General Hospital. Soon after, he moved to St Michael's Hospital to become Chief of Plastic Surgery, a post he held for many years.

Dr. Campbell was known for his boundless enthusiasm and quick, innovative approach to problems. He met each challenge with an open mind

and unfettered imagination. He was a meticulous planner and left nothing to chance.

Dr. Hoyle Campbell, in one of his most lasting accomplishments established the Tau Omicron Phi Chi Fund at the University of Toronto. Dr Campbell belonged to the Tau Omicron chapter of Phi Chi medical fraternity, and when they closed the chapter their remaining funds were given to Dr Campbell to hold in trust. He invested these funds and saw them grow into a substantial amount of money.

Dr Campbell often stated that his greatest regret as he grew away from the university milieu was the loss of contact with young people. He was at his best when he was with aspiring young surgeons, listening to their new ideas and attempting to inspire their imaginations. It was natural, therefore, that he would want to contribute in a lasting way to plastic surgery education. He was able to negotiate the transfer of the Phi Chi funds to establish the fund at the University of Toronto, now known as the Hoyle Campbell Visiting Professorship. This fund is used to sponsor an annual visiting professorship along with other educational endeavours.

To read a more comprehensive biography by Dr. Leith Douglas, please click here

Hoyle Campbell Visiting Professor 2008

March 27 and 28

This year's Hoyle Campbell Visiting Professor is Dr. Steven McCabe from Louisville Kentucky. Dr. McCabe will have a busy itinerary during his visiting (click here for itinerary). It is important for Faculty, Housestaff and alumni to keep in mind that on March 27 Rounds will be at the Arts and Letters Club and on March 28 Rounds and the Resident Research Presentations will be at the Faculty Club.

About Dr. Steven McCabe

Steve was born in Loring, Ontario, Canada and grew up in the small farming community of Dresden, Ontario. He spent his first 16 years planning a career in the National Hockey League. In high school, he enjoyed mathematics and thought about pursuing engineering, but was advised by his high school counselor, hockey



coach, and mother to be a doctor. He graduated with a medical degree in 1980 from the University of Toronto and finished residency training in Plastic and Reconstructive Surgery four years later at the University of Western Ontario under the guidance of Robert MacFarlane. At Western, he developed a love for Hand Surgery and further trained at the University of Toronto with Jim Murray, and The University of Louisville, where he notes Harold Kleinert and Tsu Min Tsai were influential in his development. Returning as a faculty member to The University of Toronto for four years before moving back to Louisville to work at the Kleinert Institute and UofL in 1992, he has divided his energy between academic pursuits and the clinical practice of hand surgery. While working in Toronto, Steve studied at McMaster University in Hamilton Ontario, receiving a Masters of Science degree in Clinical Epidemiology, something he claims to have undertaken at the "suggestion" of Ralph Manktelow. He credits this degree with changing his life and bringing clarity and focus to his aspirations.

Steve's interest has gravitated to the study of hand surgery from the perspective of the population. This has pointed him in the direction of carpal tunnel syndrome, an illness he claims to be the most fascinating upper extremity problem. He currently practices hand surgery at Louisville Arm and Hand, has a clinical appointment in the Department of Orthopaedic Surgery, and is the Director of Decision Science at the School of Public Health and Information Sciences at the University of Louisville. In 2007, he was awarded the University's Distinguished Teaching Medal for his efforts. He is also active in the ASSH, AAHS, and is a Past President of the ASPN.

Dr. McCabe lives in Louisville, KY with his family. His oldest daughter has recently graduated from Queen's University and his two younger children, Robert, and Meghan are in high school in Louisville. His hobbies now include reading and writing, walking with his wife Janette, and playing the violin (badly). He has recently retired from ice hockey, finishing his career in the men's B league at Iceland Hockey Arena.

(2) Build through sound financial management and planning

Build revenue from Alumni

At Ron Levine and John Semple's party on November 29th, we ended the event with the announce-

ment of the Belinda Stronach Chair in Breast Cancer Reconstruction. We also made mention of our future plans to approach alumni to support a new fund-raising priority – the Professorship in Plastic Surgery Education. In an effort to raise the 1 million dollars required for the Professorship, the Division will be approaching Plastic Surgery Alumni for their support and donations. Efforts are underway to identify champions for the Professorship and develop the campaign to raise the 1 million dollars for the professorship.

See Alumni Giving (adjacent column)

Develop Major Gifts Strategy

As many of you may know, securing the Belinda Stronach Chair in Breast Cancer Reconstruction was made possible through the tireless efforts of Dr. Marla Shapiro. Dr. Shapiro was committed to finding a major donor and was inspired by the excellent care and reconstructive efforts of her surgeon Dr. Joan Lipa. As we saw with the Stronach Chair, having a committed champion when working towards a major gift such as a Chair, is a great benefit and is critical to success. The Division and the Advancement Office are working hard to identify and secure a champion for the Chair in Plastic and Reconstructive Surgery – more to come on this initiative at the next issue of PS News.

Develop a corporate philanthropy strategy

Corporate philanthropy is a priority for our Division. In order to ensure on-going success with all current and future corporate partnerships, our Division ensures that all partnerships are mutually beneficial and based on shared values. As we move forward, other potential corporate partners will be identified and relationships will be developed in an effort to gain further support for the Division and the work we do.

New Developments with our Corporate Philanthropy Strategy:

Aesthetic Plastic Surgery Fellowship

On behalf of Drs. Thomas Bell, Frank Beninger, Derek Ford and Trevor Born, am happy to announce that Mentor Canada has made a generous commitment of \$100,000 to support one Aesthetic Fellow at the University of Toronto for the next two academic years with the intention of continuing an annual \$50,000 gift in support of the Fellowship. The Division is grateful to Mr. Rick Sherman, Andy Edur and Kevin Simmons and the entire Mentor team for their commitment to our

Division and to aesthetic plastic surgery.

Alumni Giving



Professorship Inspires Alumni Gratitude

The Division's goal to establish a first-of-its-kind Professorship in Plastic and Reconstructive Surgery Education for the use by the Division's program director, has caught the attention of at least one recent alumnus. Dr. Ali Adibfar, grateful for the expert training he received from the Division of Plastic Surgery, considered the opportunity to support the new professorship as a meaningful way to celebrate the discipline and the program that helped him get where he is in life. Keen to see the Division provide leadership in establishing this new professorship, Dr. Adibfar made a first gift of \$25,000 to the professorship and feels so good about his support and the impact it will make that he is already considering his next gift.

Today, Dr. Adibfar is a board certified plastic and reconstructive surgeon as well as an oral & maxillo-facial surgeon concentrating on cosmetic surgery of face and body with new offices on Avenue Road. He completed his postgraduate plastic & reconstructive surgery residency at Vanderbilt University Hospital (Nashville) and at the University of Toronto, before becoming a Fellow of the Royal College of Surgeons of Canada in plastic surgery in 2003.

Dr. Adibfar says he is thrilled to be able to give back to his alma mater, "Supporting this professorship is a great way to express my gratitude and help this program thrive. I encourage all my colleagues to participate in establishing this important new Professorship".

The Professorship in Plastic and Reconstructive Surgery Education will provide the Division with much-needed resources to enhance postgraduate plastic surgery education in areas such as curriculum development and information technology. Dr. Adibfar is among the first alumni to step up and help. His commitment will allow the Division of Plastic Surgery to attract the best trainees from across Canada and around the world.

*Nancy Collett
Senior Development Officer, Dept. of Surgery*

Breast Cancer Reconstruction Fellowship

On January 2008 the first Fellow enrolled in the Breast Cancer Reconstruction Fellowship, in the Division of Plastic Surgery at University of Toronto. The Fellowship provides funding for two Plastic Surgeons wishing to receive education in the most up to date techniques in Breast Reconstruction including expander/implant, pedicled flaps, free flaps and perforator flaps. The Fellowship is one year in length and the Fellow will rotate through two six-month rotations at both Women's College Hospital and the Toronto General Hospital of the University Health Network.



The Fellows in this program can take advantage of other areas of expertise in breast surgery offered here at U of T and will gain experience in other types of procedures including correction of congenital and developmental breast deformity, breast reduction, mastopexy and breast augmentation.

Our first Fellow enrolled in the Breast Cancer Reconstruction Fellowship is Dr Meredith Simcock (see photo) who recently completed her training in Auckland New Zealand. Meredith is an excellent Fellow and is thoroughly enjoying our Canadian winter and in fact she has scheduled a weekend of dog sledding in Algonquin Park.

Allergan Inc., Canada, generously funds the University of Toronto Breast Reconstruction Fellowship.

John Semple

(3) Aware, Informed Stakeholders and Public

Faculty have agreed that it is a priority for our Division to improve and strengthen physician, stakeholder, media and public perceptions about plastic surgery. We continue to work closely with Naked Creative (www.nakedcreative.com), one of Toronto's leading branding and communications consulting firms to develop a major gifts communications strategy and the "Public" section of our website. More to come in the future!

The Division's new website, www.uoftplasticsurgery.ca, is beginning to take shape. The Web Development Committee has been hard at work over the last few months with the design process. Our vendor has completed the website back-end resulting in a sophisticated web environment that should satisfy the needs of our various stakeholder groups. The next major step will be the collection and creation of content to populate the essential portions of the site. Thanks to those who have already assisted with our requests for content thus far, either by providing images or ideas. This content acquisition will continue steadily over the next few months although the initial version of the site will be ready for viewing within the next few weeks. We will announce the arrival of the site with a Divisional notification and will encourage everyone to spend some time checking it out.

Peter Bray

Visit to Riyadh, Saudi Arabia - December 4-7, 2007

I had the great pleasure of being invited to Riyadh to act as an external examiner for this year's plastic surgery trainees. I wanted to make the most of the opportunity so it was a very busy six days: toured the five teaching hospitals, met with all the Plastic Surgery



housestaff and faculty, examined four candidates, gave two lectures, reviewed their program and met with the Secretary General of the

Saudi Commission (the Saudi equivalent of our Royal College of Physicians and Surgeons).

Our program has had a long history with Saudi Arabia, having trained many plastic surgeons who have returned to practice in the Kingdom. Many of you will remember Dr. Manaf Al-Azzawi who was accepted into our program as the first Saudi trainee in 1989. Manaf's sense of humour, generosity and dedication to Plastic Surgery left a lasting impression on many of us. Upon his return to Saudi Arabia at the end of his training here,

Manaf established, along with his colleagues, the Riyadh Plastic Surgery training program which is the only plastic surgery training program in the Middle East. This program has 5 affiliated teaching hospitals and a total of 8 faculty. The curriculum is similar to ours in many ways including a seminar series, journal club and rounds. In reviewing this program, the influence of the University of Toronto was evident, particularly during the examinations. The candidates all answered their oral exam questions in a Toronto style, to the extent that it would have been difficult to differentiate a Riyadh resident from one in Toronto. Manaf and his colleagues have built an excellent program and it is a great testament to all those who taught and influenced Manaf during his time in Toronto.

The Riyadh Plastic Surgery program continues to grow and evolve as more faculty are recruited. There are plans to further expand the program and its capacity to train plastic surgeons in order to meet the country's needs, including developing satellite training sites in other provinces in the Kingdom. The goal of the Secretary General of the Saudi Commission is to be able to train their own specialists in plastic surgery, as well as other specialties, with an expectation that trainees would continue to be sent abroad for fellowship training. As the capacity of their plastic surgery residency program increases, I suspect we will see more and more trainees applying for fellowship positions. This is consistent with Dr. Sarita Verma's vision for postgraduate medical education at the University of Toronto and with our Division's strategic goal of optimizing our capacity to train fellows.

Highlights of the Saudi Arabia trip

- External examiner for the 2008 Plastic Surgery Certifying Exam Saudi Commission
- All four candidates passed their examination
- Meeting with the Secretary General of the Saudi Commission to discuss opportunities for further partnering with the Division of Plastic Surgery
- Long-term – optimize our capacity for fellowship training, including intense short-term training opportunities
- Meeting with all plastic surgery trainees

- External Review of the Plastic Surgery Training Program

Dinner for Drs. Levine and Semple on Nov 29

On Thursday November 29th our Plastic Surgery community came together to celebrate the contributions of two important members of our Division, Ron Levine and John Semple. Ron and John have given tirelessly to our division including providing leadership for the development of our education and research programs.

Ron has provided stewardship for one of the country's largest training programs and has seen some of the brightest and best plastic surgeons graduate from our program. Under John's leadership our Division has seen almost 46% of our trainees complete either a Masters or PhD degree, placing our Division third highest in the Department of Surgery in terms of trainees completing graduate degrees.

It was an evening of celebration, story telling and good humor. A great time was had by all.

Alumni News

Welcome to the first Alumni News of 2008. It has now been a year since I began as the Alumni Coordinator for the Division of Plastic Surgery at the University of Toronto. I can honestly say that it has been a real pleasure to get to know our Alumni family better and to participate in so many worthwhile projects and events. I would like to send a huge thank-you to everyone for your cooperation and support over this past year.

With that being said, 2008 is shaping up to be even more exciting and the Division is looking to incorporate several social events to bring Alumni together. In the next few months we are hoping to have an evening where everyone in our Alumni family would be invited. This would include Graduates, Residents, Fellows, Students, Observers, Administrative Support Staff as well as their guests. This would be a very casual get together with the main item on the agenda being to "meet and greet" those we have not seen in awhile and to have FUN. This idea is solely in the planning stages at the moment so if anyone has any suggestions of venues or events it would be much appreciated. We are looking to hold this event some time in early summer of this year.

Dr. W. K. Lindsay (1920 - 2008) - a tribute

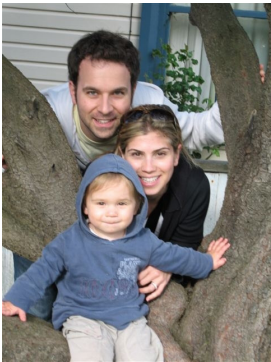
After a brief illness, an esteemed member of our Division, Dr. W.K. Lindsay, passed away on Feb. 5, 2008. Dr. Lindsay was a skilled surgeon and a respected teacher who had a significant impact on academic Plastic Surgery. Even in retirement he remained an active member of our Division and his presence at Division events will be sadly missed. Click here to read a tribute to Dr. Lindsay written by Dr. Ron Zuker.

Message from Afar:

I contacted Allan Eckhaus a few weeks ago and asked if he would send us a little message to update us on his Fellowship. As you may know, Allan and his family are away in Australia where Allan is completing his Fellowship. Allan was very happy to send us all an update and to say Hello.

Life Down Under

I don't think that I've been away long enough to qualify for a "where-are-they-now" feature, but I'm certainly far enough away to qualify: A big hello from Melbourne, Australia from myself, my wife Beth, and our son Jonah.



We came down to Melbourne last August not knowing a soul. Following a twenty hour flight with a one-year old, jamming 8 pieces of luggage and two strollers into a rental car, driving from the wrong side of the car and on the wrong side of the road, we finally made it to our rented apartment in the most spectacular area of Melbourne. This would be our first and only bump on the road to what has been truly an incredible year abroad.

I've been working at Linley Plastic Surgery with Mr Howard Webster, as my primary fellowship supervisor. This was arranged thanks to the efforts of Dr. Jeff Fialkov, who also did a fellowship with Mr Webster many many years ago! The practice is about 60% cosmetic, 40% skin cancer and breast reconstruction. Australia is definitely the skin cancer capital of the world. I can count on one hand the num-

ber of patients we've seen with only one lesion- it is not uncommon to remove 10 or more lesions from the same patient. Many of these patients are seen when we travel to an under-serviced area north of Melbourne, called Shepparton. The area is dominated by farmers who spend most of their days outside.

I've been very fortunate to have the opportunity to have self-design with the fellowship to further my knowledge/skills in areas that I wanted to improve upon. I've spent time with 3 other plastic surgeons, and an ENT surgeon who only does rhinoplasty.

The most eye-opening experience is how the health care system operates. There are two distinct tiers; the public system works very well for trauma and cancer, and the private system works very well for everything else. Almost everyone here has some type of private insurance that covers all the hospital costs in the private sector except for the surgeon's fee and the anaesthetist's fee. It appears that the Aussies really like having the two options.

As always, being away makes you more adventurous and keen to do things that you wouldn't ordinarily. We've traveled up and down the coast of Australia: we've been to the Rainforests, Aboriginal villages, snorkelled the Great Barrier Reef, been to the tennis at the Australian Open, done the Opera House, Harbour Bridge and Bondi Beach in Sydney, covered both the north and south islands of New Zealand, and most recently went to an Iron Maiden concert (don't ask!). Next week we're off to Surfer's Paradise on the Gold Coast for some sun and boogie boarding. When we get back, my Kite boarding lessons begin!

Somewhere in all there I've managed to actually get some work done. We operate at least 3 days a week- a nice benefit of working in private health care. In the private hospitals there is certainly no shortage of available OR time.

The weather is great. It is never colder than 8 or 10 degrees Celsius in the winter, and typically 30-35 degrees in the summer (very dry though, so it is quite tolerable). Melbourne is a European-inspired city, with a huge café culture. The Melbournians love their food, their wine, and their coffee. They are sports crazy, especially for Aussie Rules Football or "Footy" as they call it.

This has been a year of professional growth for me. Having the exams completed, the focus of this year has been to learn the intricacies of how to run a successful practice from both the business and doctor perspectives, to learn more about cosmetic surgery, and to pick up as many little tips and tricks as I can.

From my perspective, this year could not have been any more successful. We have made some incredible life friends here, who have been more generous and giving than I could have imagined.

It will be tough to leave Melbourne behind, but we have a lot to come home to. Beth is pregnant and due June 29th, I have great job to begin at Oakville-Trafalgar Hospital, and of course we have our family and friends whom we miss dearly. No doubt, that we will be bringing a little of Melbourne to Toronto when we come home.

See you soon,
Allan

Much love and best wishes to the happy parents from your Alumni family.

We'd love to hear from you!!

We are continuing to update our database and our distribution list for the Plastic Surgery News. If you have some changes you would like to make to your own information or if you know of someone who is not currently on our distribution list and would like to be, please drop me a quick e-mail and I will be pleased to follow-up.

Sandy Davies, Alumni Co-ordinator
sandy.davies@sunnybrook.ca

Birth Announcements



Our Alumni family has certainly been growing. We have two birth announcements for our Newsletter. Our Congratulations and Best Wishes to the happy families!



Alex and Aviva Golger are proud to announce the arrival of Joshua Emanuel. Joshua was welcomed into the world on Janu-

ary 4th, 2008, weighing in at 7 lbs, 11 oz..

Vivek and Nisha Panchapakesan are also proud to announce the arrival of Rishi Panchapakesan was born on 7 November 2007.



The content of this message does not represent the views or opinions of the University of Toronto.

If you have a news item for Plastic Surgery News, please forward it by e-mail to Shibu Thomas at plastics.admin@utoronto.ca. Plastic Surgery News will be distributed by e-mail to any member of the Division of Plastic Surgery. To receive Plastic Surgery News, send your name and e-mail address to Shibu Thomas at plastics.admin@utoronto.ca or by telephone 416-978-8534.

Dr. H. Hoyle Campbell
1915 - 1998



Dr. Campbell was born in Toronto. After attending the University of Toronto Schools, he entered the University of Toronto medical school, concealing the fact that he was only 16. Despite this being discovered, he was allowed to continue, and he graduated with his M.D. in 1936 at age 21. Due to his age, he could not get a position in Toronto, so he worked for some time as a locum tenens in Muskoka and in Bala, Ontario. He also spent a considerable period studying anatomy and physiology at the Banting Institute. During his years as a practicing surgeon, his knowledge of surgical anatomy was legendary.

After first considering going into pathology, he entered general surgical training. He was immediately appalled by the mutilating procedures with horrendous healing problems, equally horrendous scarring, and loss of function he encountered daily. This inspired him to pursue a career in plastic surgery. He started his training in Toronto with Dr. A. W. Farmer, Canada's second plastic surgeon, and then went on to work with the famous Dr. Robert Ivy in Philadelphia.

When WWII began, he was still in Philadelphia. He was shocked by American isolationism and resolved to return to Canada to join the armed forces. On his return, he found that there was little action taking place, and that if he wanted to really do something positive, it was necessary to do it on one's own. So he and his wife Ruth set off for England as passengers on a leaky old cattle boat and experienced a very rough passage during which Mrs. Campbell suffered a fractured nose when the ship was in a storm. On his arrival, he joined the Emergency Medical Services and had many adventures with them, while he became a first-class trauma surgeon. His wife went into war work as well.

When the Canadian forces arrived in England, he transferred to the Royal Canadian Army Medical Corps. He spent the remainder of the war with them, treating many complex wounds and devising new treatment methods. For instance, he was doing toe-to-thumb transfers in 1944! He was a member of the elite army plastic surgery team at Basingstoke, U.K., which included Dr. Stuart Gordon, Canada's third plastic surgeon.

At war's end, he returned to Toronto and, after working at Toronto General Hospital and Wellesley Hospital, established the plastic surgery service at St. Michael's Hospital, where he served for many years.

He quickly established a reputation as an innovator and a fine teacher. He had the ability to see through superficialities and get to the root of a problem. His theories on muscle co-ordination in the face and back were his favourite topics.

He was known for his many 'Hoylisms.' To name a few, "do what you know first," "always save something to sew to," "always remember the muscle balance."

He practiced spinal manipulation on his patients with considerable skill and success, and all of his residents were required to learn the technique. He not infrequently practiced hypnotism as well.

He saw very early that many of the surgical procedures done in hospitals did not necessarily require full hospital facilities. With this thought in mind he established the Institute of Traumatic Plastic Restorative Surgery in Toronto in 1956, where he performed surgery on an outpatient basis that had formerly been done only in hospital. This was truly radical thinking at that time. This new establishment was the precursor of the many such facilities we see today.

Dr. Campbell was not a large man, but he was possessed of considerable courage. On one occasion, he talked a suicidal army veteran into peacefully surrendering a loaded shotgun, and on another, single-handedly disarmed and subdued a violent patient who was threatening to kill him with a crossbow, which he had aimed at his head. The latter event occurred when he was 72 years old!

Dr. Campbell was associated with Branson, Humber, Peel Memorial, Doctors and Central Hospitals as well as St. Michael's. He was a consultant to the government of Costa Rica on health planning.

He was also a highly successful cattle farmer and operated a large and efficient dairy farm north of Toronto.

He was one of the twelve founders of the Canadian Society of Plastic Surgery in 1947, and its eleventh president.

Dr. Campbell died in 1998.

While in medical school, he had been a member of the Tau Omicron chapter of Phi Chi fraternity. When the chapter closed, the remaining chapter funds were given to Dr. Campbell in trust. He invested the money and, like all of his ventures, the result was a profitable one. He turned the funds over to the University of Toronto in 1982 to establish the Tau Omicron Phi Chi Visiting Professorship and the Hoyle Campbell Lectureship.

Dr. Campbell was one of the most innovative, visionary and skilled surgeons, as well as one of the most charismatic ones in the history of Canadian plastic surgery. He was always happiest when he was teaching and working with young surgeons. It is thus most appropriate that his name lives on in association with this professorship.

Dr. Campbell manifested an irrepressible enthusiasm, and met every aspect of life as a welcome challenge. His attitude is well expressed in these few lines of Eastern philosophy by the sixth century poet Kalidasa, which he often quoted:

*Look to this day, for it is life.
In its brief course lie all the verities
And realities of our existence.
The bliss of growth, the glory of action and
The splendour of beauty,
For yesterday is but a dream and tomorrow
Is only a vision
But today, well lived, makes every yesterday
A dream of happiness
And every tomorrow a vision of hope.
Look well, therefore, to this day.*

Leith G Douglas
5 March 2008



**Dr. W. K. Lindsay, Professor Emeritus,
Department of Surgery, University of Toronto**

1920-2008

We are saddened by the passing of Dr. W.K. Lindsay following a brief illness on February 5, 2008. Dr. Lindsay (or WK as he was known) was a true gentleman, a respected leader and an enthusiastic surgeon and scholar. He set and achieved high standards and will be truly missed by colleagues, friends and family.

Dr. W.K. Lindsay was born and raised in Vancouver and ventured east to study medicine, surgery and plastic surgery in Toronto, Montreal and Texas. He joined the staff of The Hospital for Sick Children in 1953 where he changed the face of paediatric plastic surgery forever. His career was complimented and fuelled by his adoring wife Peggy and their 4 children: Anne, Barbara, Catherine and William Jr. In addition to his surgical career he was also an incredibly successful and eco-friendly farmer and environmentalist.

Dr. Lindsay was a man of stature in its broadest sense. His kind and amiable nature was evident in the clinic when the children would run up to sit on his lap. He was a wonderful and empathetic clinician who led by example. Most importantly Dr. Lindsay is regarded in the highest fashion around the world by anyone who knew him as a GENTLEMAN – a true gentleman.

Dr. Lindsay loved to teach. I remember eagerly awaiting to do palate surgery with him. He would do one side then I would do the other with his attentive coaching by my side. One of his greatest accomplishments was the University of Toronto-Lanzhou Burn Exchange which was sponsored by CIDA. This was also known as the Canada/China University linkage project CCULP. Students and teachers would go to Lanzhou or come to Toronto with Dr. Lindsay orchestrating the exchange and facilitating their education. For this he was awarded the Honourary Headship of the Provincial Hospital in Gansu Province.

Dr. Lindsay's greatest impact perhaps was as an administrator. He became the Division Head at The Hospital for Sick Children in 1958 and held the position until 1986, some 29 years. He was Chairman of the University Division of Plastic Surgery from 1965 – 1986, the 20 years of the greatest growth in plastic and reconstructive surgery. I would like to quote a recent article; "from an administrative viewpoint, Dr. Lindsay was a man of vision and a statesman par excellent. As Chairman of Plastic Surgery at the University of Toronto he foresaw the changes that technology was providing. He supported, encouraged and facilitated new directions for our specialty and literally allowed us to develop into the leading plastic surgical centre in North America". Hence the sub-specialists could flourish. These included Wally Peters in burns,

Ralph Manktelow in microsurgery, Ian Munro in craniofacial surgery, and Nancy McKee in research. This set the stage for the enormous successes the Division of Plastic Surgery at the University of Toronto has witnessed over the past 30 years. Without his vision and guidance, this would not have occurred. Even in retirement, Dr. Lindsay continued his long term involvement with the R. S. McLaughlin Foundation acting as a Trustee. In recognition of all of these achievements, our division has created the Lindsay-Thomson symposium in Paediatric Plastic Surgery.

Dr. Lindsay was a huge supporter and participant in laboratory research. A group of his research fellows formed the "Chicken Tendon Club" which represents an example of his recognition of the laboratory as part of clinical practice. His work in tendon healing dramatically affected our approach to the injured tendon from a clinical standpoint. His interest and enthusiasm for research continued well passed his retirement. He would say "research is the foundation for the future" and always wanted to know what lay ahead. As a true team player, he formed the multidisciplinary cleft lip and palate clinic, one of the first in North America and the multidisciplinary burn team. Both of these enjoyed enormous clinical success over the years.

Dr. Lindsay was a true statesman bringing pride to our Division, our Hospital, our University and indeed our country. He was President of the Canadian Society of Plastic Surgeons in 1964-65. His devoted trainees organized the W.K. Lindsay Club which continues to meet annually at this Canadian meeting. He was President of the American Association of Plastic Surgery in 1970-71, the most prestigious and the most academic of plastic surgery organizations.

For all his accomplishments - clinical, research, educational and administrative - he was awarded the Order of Ontario in 2002. For all this, Dr. Lindsay, we thank you.

A Memorial Service will be held on Thursday, February 21, 2008 at 2:00 pm at the Timothy Eaton United Church – 230 St. Clair Avenue West with a reception at the church to follow. The family has requested that all donations please be made to the "Division of Plastic Surgery and Burns Research Fund" and be directed to Dr. Christopher Forrest, Room 5430, The Hospital for Sick Children, 555 University Ave., Toronto, Ontario M5G 1X8.

This tribute was composed by Dr. Ronald M. Zuker, friend, colleague, and trainee.



Division of Plastic Surgery

Hoyle Campbell Visiting Professor 2008

Dr. Steven J. McCabe, MD, FACS

Thursday, March 27, 2008

Arts & Letters Club of Toronto - 14 Elm St., Toronto M5G 1G7

- 0700 – 0800 Visiting Professor Rounds
Dr. Steven J. McCabe **“Utility: The other quality of life”**
Arts & Letters Club of Toronto (Studio, 3rd floor)
- 0830 – 1100 Opening Session: Resident Case Presentations
Arts & Letters Club (Studio, 3rd floor)
- 1130 – 1300 Lunch: Dr. Steven J. McCabe and senior residents
Oro Restaurant, 45 Elm St., Toronto M5G 1H1
- 1300 – 1530 Case Presentations – Dr. Steven J. McCabe (Oral Exam Practice Session)
Arts & Letters Club (Studio, 3rd floor)

Thursday Evening

- 1900 Dinner and Special Journal Club at the residence of Dr. Joel Fish
Address: 116 Mona Drive, Toronto M4N 2R4
Academic Host: Dr. Joel Fish

Friday March 28, 2008

Faculty Club, University of Toronto – 41 Willcocks Street, Toronto M5S 1C7

- 0700 – 0800 Division of Plastic Surgery Rounds
Dr. Steven J. McCabe **“Decision-making for upper extremity care”**
Upper Dining Room (2nd floor), Faculty Club
- 0800 – 0830 Coffee Break
- 0830 – 1000 Resident Research Presentations – Session 1
Upper Dining Room (2nd floor), Faculty Club
- 1000 – 1020 Coffee Break
- 1020 – 1130 Resident Research Presentations – Session 2
Upper Dining Room (2nd floor), Faculty Club
- Independent Lunch
- 1330 – 1700 Residents’ time with Visiting Professor

Friday Evening

- 1830 **Cocktails and Dinner: Sutton Place Hotel – Stop 33**
Dr. Steven J. McCabe, Faculty, Alumni, Residents, Fellows and Guests of the Division
After Dinner Talk **“A bed time story about carpal tunnel syndrome”**

The Division of Plastic Surgery would like to acknowledge and thank the Educational Foundation of the Canadian Society of Plastic Surgeons for their generous support of this year’s Visiting Professor